



Pet Sitter Checklist

Everything your sitter needs, on one sheet. Leave it on the fridge or send it as a photo.

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The pet

NAME	SPECIES AND BREED	AGE	WEIGHT
MICROCHIP NUMBER	INSURANCE COMPANY AND POLICY NO.		
PERSONALITY IN THREE WORDS			

You, the owner

YOUR NAME	PHONE (WITH COUNTRY CODE)	BEST TIME TO REACH YOU
AWAY FROM (DATE AND TIME)	BACK ON (DATE AND TIME)	WHERE YOU ARE STAYING

If something goes wrong

REGULAR VET: CLINIC NAME	VET PHONE
VET ADDRESS	
24-HOUR EMERGENCY CLINIC AND PHONE	MAX SPEND WITHOUT CALLING ME
BACKUP CONTACT: NAME	BACKUP CONTACT: PHONE

Call the vet straight away if you see:

Repeated vomiting or diarrhoea · Not eating for 24 hours · Trouble breathing · Swollen, hard belly
Eating something toxic (chocolate, grapes, xylitol, medicine) · Collapse, seizure or heavy bleeding



Daily routine and care

Write it the way you'd explain it to someone who has never met your pet.

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Feeding

FOOD (BRAND AND TYPE)

AMOUNT PER MEAL

MEAL TIMES

WHERE THE FOOD IS KEPT

TREATS ALLOWED? WHICH AND HOW MANY

Medicine

MEDICINE

DOSE

WHEN

HOW TO GIVE IT

Walks, play and toilet

WALK TIMES AND LENGTH

LEAD OR OFF LEAD? WHERE?

TOILET ROUTINE (GARDEN, LITTER TRAY, HOW OFTEN TO CLEAN)

Habits, fears and house rules

ALLOWED ON THE SOFA OR BED? SCARED OF ANYTHING? THINGS THEY MUST NOT DO OR EAT?

The house

KEYS AND DOOR CODE

ALARM CODE

WI-FI NAME AND PASSWORD

PLANTS, POST, BINS AND ANYTHING ELSE



Add your own tasks in the empty rows. Use the notes line for anything unusual: appetite, mood, poop, the sock they ate.

Task	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
Morning walk	☐	☐	☐	☐	☐	☐	☐
Breakfast	☐	☐	☐	☐	☐	☐	☐
Medicine	☐	☐	☐	☐	☐	☐	☐
Fresh water	☐	☐	☐	☐	☐	☐	☐
Evening walk	☐	☐	☐	☐	☐	☐	☐
Dinner	☐	☐	☐	☐	☐	☐	☐
Toilet / litter ok	☐	☐	☐	☐	☐	☐	☐
	☐	☐	☐	☐	☐	☐	☐
	☐	☐	☐	☐	☐	☐	☐

Notes for the owner

DAY 1	
DAY 2	
DAY 3	
DAY 4	
DAY 5	
DAY 6	
DAY 7	

Tired of chasing texts while you're away?

Sitter Diary turns this sheet into a link for your sitter. They tick tasks and post photos, and you see it live.

[Join the waitlist at sitterdiary.com](https://sitterdiary.com)